



The Indigenous Kitchen 2021

School of Agriculture and Food
Online Seminar and Cooking Class

Community engagement with cooking of Indigenous vegetables and herbs

Join us online for an engaging seminar and online cooking class

Online Seminar, 10am-11am

Hear from the experts:

Chris Andrew from Black Duck Foods, about the growing and commercialisation of traditional grains and tubers. A strong consumer demand and the increase in supply see benefits for First Nations communities. Black Duck Foods is an Indigenous social enterprise committed to traditional food growing processes that care for Country and return economic benefits directly to Indigenous people.

Dr Dorin Gupta from the School of Agriculture and Food, University of Melbourne, about why we need to explore more diverse diets. How native vegetables provide a sustainable and nutritious addition to our diets.

Downs Estate Community members talk about the activity in your local area where community can find a place to grow and share food.

Followed by an invitation to our evening online cooking class with **Nairm Marr Djambana's Tim Hollands**

Online Cooking Class, 5-6:30pm

Get involved virtually:

Welcome to the Nairm Marr Djambana with **Heide Duell** and **Chef Tim** who will demonstrate a nutritious and tasty meal thoughtfully curated using indigenous ingredients.

Please pre-register to receive ingredient list. For community, produce may be available from:

Nairm Marr Djambana; Frankston,

Delivering culturally safe activities, programmes, and events.
admin@djambana.com.au

Down's Estate Community: providing produce and a place for community to grow "Local Pick" vegetables.
downsestatecommunications@gmail.com

This day is part of the workshop series for The Helen MacPherson Smith Trust project, **the Paddock to Plate Project** which explores the pathway for Indigenous leafy greens and herbs into mainstream crop cultivation and establishes such crops throughout the value-chain from paddock to plate.



Event Details

Date:
Thursday 30 September 2021

Time:
10.00am - 11.00am and
5.00 - 6.30pm

Online event:
Please register with
dorin.gupta@unimelb.edu.au
to RSVP and collect zoom details

RSVP due:
27 September 2021

Enquiries:
Colette.day@unimelb.edu.au

Bookings are essential.

